



HĀNA | KŪ

Our Source of Inspiration



HĀNA
KŪ
BY ALA KUKUI

From the birth of chief Hema to the reign of Pi'ilani and the battle between his son's Lono and Kiha, Hāna has always been a strategic and prized place of abundance. Today, practitioners continue to nurture this abundance utilizing generational knowledge of place, recognizing the importance of sustainability for the future.

“Hāna Kū” is a saying we use which refers to the more rustic, back country people who live simply, yet richly. We named our program after this local saying to draw upon the meaning of “hāna”, being an alertness and attention to detail in your work and “kū” implying ascension and the movement upward to inspire our kua'āina or backcountry native. The term is celebratory of the fundamental things in life that we kanaka value: food, family and tradition.

HĀNA KŪ MEET UP - ROUND 1

March 26, 2022
Ala Kukui Retreat House
Cooking Demo, Talk Story
Open to all past Hāna Kū participants